

Aging

AARP Friendly Voices

1-888-281-0145 - connect2affect.org

Combat isolation and anxiety by providing calls and resources for those (45+) who are alone or isolated.

Always Best Care

1079 E Riverside Dr, Ste 202

St. George, UT 84770

1-435-216-7080 - alwaysbestcarestgeorge.com

Local experts in senior care, providing a resource for aging and senior living. Services include: Assisted & Independent Living Services, In-Home Care Services, Alzheimer's Care, Veterans Assistance.

Area Agency on Aging - Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770

1-435-673-3548 - fivecounty.utah.gov

Provides support, education, care, and safety for seniors.

Garfield County Nursing Home

200 N 450 E, Panguitch, UT 84759

1-866-882-3746 - intermountainhealthcare.org

Residential nursing care.

Panguitch Senior Center

87 N 40 W, Panguitch, UT 84759

1-435-676-1140 - garfield.utah.gov

Meals, ride program, and activities. They occasionally have specialists such as hearing come to the senior center.

Southern Utah Veterans Home

160 N 200 E, Ivins, UT 84738

1-435-634-5255 - nasvh.org

Medical and nursing services 24/7, pharmacist, social services, PT, OT, speech therapy, wound care, dietary services, recreational therapy, hospice, and barber and beauty shop.

Children/Youth

Department of Child and Family Services

875 N Main St, Beaver, UT 84713

1-435-438-3400 - dcfs.utah.gov

To keep children safe from abuse and neglect and provide domestic violence services.

Family Support Center of Southwestern Utah

535 S Main St, Ste 6, Cedar City, UT 84720

1-435-586-0791 - familysupportutah.org

Crisis nursery ages 0-11 years old. Crisis care is judged case-by-case.

Garfield County Children's Justice Center

250 Center St, Panguitch, UT 84759

435-867-4275

The Children's Justice Center is a homelike facility which serves children and families who are experiencing the crisis and chaos that comes from the disclosure of significant physical or sexual abuse of a child. The services they offer are Victim Advocacy, Coordination of Child Abuse, and Investigations.

High Fidelity Wraparound Services

435-383-3546- <https://hs.utah.gov/refer>

An evidence-based approach to family-driven, team-based, collaborative planning for developing and implementing individualized care plans for children and youth with significant mental illness, emotional disturbance and or behavioral disorders.

Clothing

Garfield Memorial Health Care Foundation (GMHCF) Thrift Store

65 N Main St, Panguitch, UT, 84759

(435) 676-8996 - panguitchthriftstore@gmail.com

Extremely low cost clothing. All monies go to fund the Garfield Memorial Hospital. It is a non-profit that sells donated goods to help support the hospital.

Skyhoopi Thrift Store

50 W Main, Escalante, UT 84726
(435) 826-4566

Good quality clothing at a low cost. They also have household items and books at very low costs as well.

Domestic Violence

Canyon Creek Services

535 S Main St, Ste 11, Cedar City, UT 84720
1-435-233-5732 - canyoncreekservices.org

Provides free, confidential, and comprehensive services to survivors of domestic violence and sexual assault.

Utah Domestic Violence Coalition

24-Hour Linkline: 1-800-897-5465 - udvc.org
Creating a state where domestic and sexual violence are intolerable.

Dove Center

1240 E 100 S, Ste 221, St. George, UT 84790
Help Line: 1-435-628-0458
Office: 1-435-628-1204 - dovecenter.org
Offers services in Kanab. Provides shelter, advocacy and counseling for survivors of domestic abuse, dating violence, sexual assault, rape, sex trafficking, and stalking.

Disability

Adult Protective Services

1-800-371-7897 - daas.utah.gov
Abuse and neglect of seniors and adults with disabilities. Can call or report online.

Chrysalis

660 N Airport Rd, Cedar City, UT 84721
1-435-586-4078 - gochrysalis.com
24-hour residential care, autism services, host homes, support for those with behavioral, emotional and cognitive disabilities.

Division of Services for People with Disabilities

Toll Free: 1-877-568-0084 - dspd.utah.gov

Supported living, respite care, and residential rehab for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

Red Rock Center for Independence (RRCI)

635 N Main, Ste 685, Richfield, UT 84701
1-435-979-6416 - rrci.org

Non-profit empowering people with disabilities to live independently through education, personalized services, and technology.

Southern Utah Vocational Rehabilitation

665 N Main St, Panguitch, UT 84759
(435) 586-9995 - usor.utah.gov

Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

Education

Garfield County School District

145 E Center St, Panguitch, UT 84759
1-435-676-8821 - garfk12.org
Programs include: Adult Basic Education, English as a Second Language, GED/High School Equivalency Test Instruction, Special Preschools

Utah State University Extension

55 S Main St, PO Box 77, Panguitch, UT 84759
1-435-676-1113 - extension.usu.edu/garfield
Provides research-based community education, resources and programs in the areas of agriculture and natural resources; business and community; food, health, and wellness; home, finance, and relationships; and 4-H and youth.

Waterford Upstart

1-877-299-7997 - waterford.org
Provides four-year-old children access to the highest form of academic support in their early education at no cost to participants: personalized family education and coaching, a new computer and Internet if needed, and adaptive educational software.

Emergency Housing

American Red Cross

1-800-733-2767 - redcross.org

Provides shelter and supplies in the case of a fire or other emergency.

*military and family only

Five Counties CAP

1664 S Dixie Dr, #L104, St. George, UT 84770

1-435-652-9643 - fivecountycap.org

Assists in moving from shelter into housing. May be able to provide a hotel voucher.

Iron County Care and Share

244 W 900 N, Cedar City, UT 84720

1-435-586-5142 - careandshare-ut.org

Provides shelter, and case management. Drop in services for showers, laundry, and meals.

LDS Transitional Services

650 W Center St, Cedar City, UT 84720

1-435-592-2870

Food orders or vouchers, transportation vouchers, DI clothing vouchers, gas, subway vouchers, and housing needs.

Employment

AARP

1-855-850-2525 - aarp.org

Work Resources Hotline for all ages.

Department of Workforce Services

665 N Main St, Panguitch, UT 84759

1-866-435-7414 - jobs.utah.gov

Job assistance, veteran employment programs, work clothing, work-related fee payment assistance, and work tools/equipment.

Southern Utah Vocational Rehabilitation

965 E 700 S, Ste 202, St. George, UT 84790

1-435-673-5091 - usor.utah.gov

Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

Food

Central Food Sharing - Junction

180 W 500 N, Junction, UT 84740

1-435-896-5225 - cufoodsharing.org

They are a local food bank. Open the first Thursday of the month 10-2. They do not serve meals.

Garfield County Care and Share

87 N 50 W, Panguitch, UT 84759

1-435-676-2509 - foodpantries.org

They are a local food pantry. They provide food items to individuals and families in need. They are open the 3rd week of the month Wed-Sat. Need proof of income.

Iron County Care and Share

222 W 900 N, Cedar City, UT 84720

1-435-586-4962 - careandshare-ut.org

Provides food items to individuals and families in need. Monthly food boxes, weekly food bags, and hygiene products.

Utah Food Bank (Mobile Pantry)

52 N Main St, Tropic, UT 84776

1-435-656-9122 utahfoodbank.org

The second Thursday of the month a drive-through service is available to community members to provide them with food. No proof of income needed. They ask for your name, zipcode, and how many people live in your household.

Holiday Needs

Toys for Tots

panguitch-ut.toysfortots.org

Phone: 1-435-313-6540

Email: panguitch.ut@toysfortots.org

To help less fortunate children throughout the United States experience the joy of Christmas.

Utah Police Civilian Association

5151 S 900 E, #231, Salt Lake City, UT 84117
1-801-990-6213 - utahpolicecivilianassociation.org
Shop With a Cop - during the end-of-the-year holiday season kids are invited to shop to purchase gifts for members of their immediate family.

Housing

Five Counties CAP

1664 S Dixie Dr, #L104, St. George, UT 84770
1-435-674-5757 - fivecountycap.org
Assists in moving from shelter into housing, transitioning from homelessness to good tenant.

Medical/Dental

Bryce Valley Clinic

25 S Redrock Dr, Cannonville, UT 84718
435-679-8545
Open Tuesdays and Thursdays from 8:30 am-2:00 pm. Medical Clinic.

Garfield Health Department

601 E Center St, Panguitch, UT 84759
1-435-676-8800 - swuhealth.org/png
Mon-Thur 8am-5pm
(Closed for lunch from 12:00 - 1:00 p.m.)
Vaccinations and immunizations, WIC, diabetes prevention, environmental health, emergency preparedness, health promotions, communicable diseases, vital records, and clinical services.

Garfield Memorial Hospital

200 N 400 E, Panguitch, UT 84759
1-435-676-8811 - intermountainhealthcare.org
Emergency care, imaging services, labor & delivery, hospice and palliative care, skilled nursing.

Hughes & Associates

2069 N Main St, Ste 200, Cedar City, UT 84721
1-435-867-1111 (ask for David Harris)
hughes.com

Provides education and assistance with navigating the Healthcare Marketplace to gain insurance.

Wayne Community Health Center- Panguitch Dental

75 N 200 E, Panguitch, UT 84759
1-435-676-2443 - waynechc.org
Provides comprehensive dental care to residents of Garfield and surrounding counties. Has benefits for those facing financial, geographic, and cultural barriers to health care.

Wayne Community Health Center-Kazan Memorial Clinic

570 Mouqui Lane, Escalante, UT 84726
435-324-4347 - waynechc.org
Medical clinic, dental clinic, and pharmacy. Has benefits for those facing financial, geographic, and cultural barriers to health care.

Mental Health

NAMI - National Alliance on Mental Illness

24/7 crisis support: text NAMI to 741-741
HelpLine: 1-800-950-6264 or info@nami.org
Monday - Friday: 10:00 a.m. - 10:00 p.m. (ET)
nami.org
Free service providing information, resource referrals, and support to people living with a mental health condition, their family members, and caregivers.

Southwest Behavioral Health Center - Garfield

601 E Center St, Panguitch, UT 84759
1-435-676-8176 - sbhc.us
Assists clients and families in preventing and recovering from mental illness and addiction.

The Trevor Project

1-866-488-7386 - thetrevorproject.org
Text START to 678-678
24/7 chat online, over text, or on the phone.
Suicide prevention, crisis intervention, and support for LGBTQIA people under the age of 25.

Utilities

Comcast Internet

internetessentials.com

Offers high-speed internet for low-income families in Utah.

Emergency Broadband Benefit

getemergencybroadband.org

Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770

1-435-673-3548 - fivecounty.utah.gov

Provides winter and summer home energy assistance for eligible low-income households throughout the state (between November to April).

H.E.A.T. Program

Home Energy Assistance Target

1-435-676-1411 - fivecountyheat.org

Provides assistance to individuals and families to meet increased energy costs in winter and summer months.

Weatherization Assistance Program

1-435-586-0585 or 1-888-503-5321

wxworkssite.wordpress.com

Reduces energy consumption and costs, and increases comfort and safety in the home.

Veterans Services

American Legion

1-435-253-2975 - legion.org

Benefits, career, education, and health center. USAA Financial, troop and family support.

Department of Workforce Services

Accelerated Credentialing to Employment (ACE) Program

162 N 400 E, Ste B100, St. George, UT 84770

1-435-986-3530 - jobs.utah.gov

Assists Utah veterans, members of the Active Components, actively drilling members of the Guard and Reserve and their respective spouses, overcome barriers to employment or better employment.

Homeless Veterans Fellowship

541 23rd Street Ogden, UT 84402

801-392-7662 - homelessveterans.org

Provides a stabilized living environment, counseling services, and additional programs that will enable homeless veterans and veterans at risk of being homeless to return to self-sufficiency. Anyone with at least one day of active duty service can receive help.

Saint George Vet Center

1664 S Dixie Dr, Ste C-102, St. George, UT 84770

1-435-673-4494 - va.gov

Individual and group counseling for veterans, service members, and their families. Family counseling for military related issues, bereavement counseling, sexual trauma counseling, and referrals for employment and substance abuse.

St. George VA Clinic

230 N 1680 E, Bldg N, St. George, UT 84790

1-435-634-7608 - va.gov

Family medicine, internal medicine, and mental health services.

Quilts of Valor

PO Box 191, Winterset, IA 50273

1-515-619-6556 - govf.org

Nominate online - to cover service members and veterans touched by war with comforting and healing quilts.

Veterans Angels Inc

10170 W Tropicana Ave, #156-440

Las Vegas, NV 89147

1-888-319-1117 - vetangels.org

Community Health Resources

Garfield County, Utah

Provide senior veterans and their families with information and support in applying for the VA benefit to help with the cost of care.