

## Aging

### AARP Friendly Voices

1-888-281-0145 - [connect2affect.org](http://connect2affect.org)

Combat isolation and anxiety by providing calls and resources for those (45+) who are alone or isolated.

### Always Best Care

1079 E Riverside Dr, Ste 202

St. George, UT 84770

1-435-216-7080 - [alwaysbestcarestgeorge.com](http://alwaysbestcarestgeorge.com)

Local experts in senior care, providing a resource for aging and senior living. Services include: Assisted & Independent Living Services, In-Home Care Services, Alzheimer's Care, Veterans Assistance.

### Area Agency on Aging - Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770

1-435-673-3548 - [fivecounty.utah.gov](http://fivecounty.utah.gov)

Provides support, education, care, and safety for seniors.

### Beehive Homes

1364 S Powell Dr, Kanab, UT 84741

1-435-767-9033 - [beehivecare.com](http://beehivecare.com)

Assisted living facility in Kanab- personal care for your aging loved ones.

### Kane County Senior

172 E 100 N, Kanab, UT 84741

1-435-644-4321 - [kane.utah.gov](http://kane.utah.gov)

Mon - Thu, 8:00 a.m. - 2:00 p.m. (Kanab)  
Mon, Tue, & Wed, 8:00 a.m. - 2:00 p.m. (Orderville)  
Provides lunch, activities, games, shopping, and out-of-town trips. Meals on Wheels if eligible.

### Southern Utah Veterans Home

160 N 200 E, Ivins, UT 84738

1-435-634-5255 - [nasvh.org](http://nasvh.org)

Medical and nursing services 24/7, pharmacist, social services, PT, OT, speech therapy, wound

care, dietary services, recreational therapy, hospice, and barber and beauty shop.

### Zion's Way Home Health and Hospice

395 S 100 E, Ste 5, Kanab, UT 84741

1-435-688-0648 - [zionsway.com](http://zionsway.com)

Home health care, hospice, transitional care, and joint replacement recovery.

## Children/Youth

### Children's Justice Center

445 N 76 W, Kanab, UT 84741

1-435-644-4938 - [utahcjc.org](http://utahcjc.org)

Services children and families who are experiencing the crisis and chaos that comes with the disclosure of significant physical or sexual abuse of a child.

### Division of Child & Family Services

329 S 350 E, #3, Kanab, UT 84741

1-435-644-4530 - [dcfoffices.org](http://dcfoffices.org)

To keep children safe from abuse and neglect and provide domestic violence services by working with communities and strengthening families.

## Clothing

### Duke's Clothing

39 W Center St, Kanab, UT 84741

1-435-644-2700 - [facebook.com](https://www.facebook.com)

Family clothing store carrying name brand clothing and great prices. Clothes for all ages and shoes.

### Thrift Shop of Kane County Hospital Auxiliary

41 S 100 E, Kanab, UT 84741

1-435-644-8175 - [kchosp.net](http://kchosp.net)

Vouchers available by request from the Kane County Assistance Program.

## Disability

### Adult Protective Services

1-800-371-7897 - [daas.utah.gov](http://daas.utah.gov)

Abuse and neglect of seniors and adults with disabilities. Can call or report online.

### **Division of Services for People with Disabilities**

Toll-Free: 1-877-568-0084 - [dspd.utah.gov](http://dspd.utah.gov)  
Supported living, respite care, and residential rehab for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

### **Red Rock Center for Independence (RRCI)**

83 S 2600 W Ste 202-C, Hurricane, UT 84737  
1-435-359-7637 - [rrci.org](http://rrci.org)  
Non-profit empowering people with disabilities to live independently through education, personalized services, and technology.

### **Southern Utah Vocational Rehabilitation**

965 E 700 S, Ste 202, St. George, UT 84790  
1-435-673-5091 - [usor.utah.gov](http://usor.utah.gov)  
Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

## **Medical/Dental**

### **Coral Hills Family Dental**

181 W Center St, Kanab, UT 84741  
1-435-644-2211 - [coralhillsdental.com](http://coralhillsdental.com)  
Dentistry for all ages, dentures, and implants.

### **Hughes & Associates**

2069 N Main St, Ste 200, Cedar City, UT 84721  
1-435-867-1111 (ask for David Harris)  
[hughestax.com](http://hughestax.com)  
Provides education and assistance with navigating the Healthcare Marketplace to gain insurance.

### **Kanab Family Dental**

76 E 100 S, Kanab, UT 84741  
1-435-644-2719  
Dentistry for all ages, emergency procedures, and wisdom teeth extraction.

### **Kane County Hospital**

335 N Main St, Kanab, UT 84741  
1-435-644-5811 - [kchosp.net](http://kchosp.net)  
General medical and surgical facility. Emergency care, acute care, inpatient and outpatient services.  
**Revere Health - Kanab Family Medicine**  
355 N Main St, Kanab, UT 84741  
1-435-644-4100 - [reverehealth.com](http://reverehealth.com)  
Comprehensive care for all ages; gynecological care, mental health management, physicals, immunizations, etc.

### **Southwest Utah Public Health Department**

445 N Main St, Kanab, UT 84741  
1-435-644-2537 - [swuhealth.org](http://swuhealth.org)  
Environmental health, vital records, immunizations, emergency preparedness, Baby Your Baby, WIC.

## **Domestic Violence**

### **Dove Center**

1240 E 100 S, Ste 221, St. George, UT 84790  
Help Line: 1-435-628-0458  
Office: 1-435-628-1204 - [dovecenter.org](http://dovecenter.org)  
Provides shelter, advocacy and counseling for survivors of domestic abuse, dating violence, sexual assault, rape, sex trafficking, and stalking.

### **Victim Services**

76 N Main St, Kanab, UT 84741  
1-435-644-4989 - [kane.utah.gov](http://kane.utah.gov)  
24 Hour On-Call Advocates 435-644-2349 or 877-644-2349  
This department works under the Kane County Attorney's Office to protect and defend the rights of victims in Kane County.

### **Another Way**

835 Newburn Road, Page, AZ 86040  
1-928-645-5300 - [www.PRDVS.org](http://www.PRDVS.org)  
Free and confidential victim services, including: crisis intervention, emergency shelter for victims and children, food and basic needs, legal advocacy, education, and emergency response teams.

### Job Training/Education

#### Dixie State University - Kanab

59 E Cowboy Way (west of High School)

Kanab, UT 84741

1-435-644-5821, ext.409 - [kanab.dixie.edu](http://kanab.dixie.edu)

#### Kanab/Kane County Preschool

1-435-644-6205

Preschool for ages 3+

#### Kanab Elementary

41 W 100 N, Kanab, UT 84741

1-435-644-2329 - [kes.kanek12.org](http://kes.kanek12.org)

Kindergarten, First through 6th Grade

#### Kanab Middle

690 S Cowboy Way, Kanab, UT 84741

1-435-644-5800 - [kms.kanek12.org](http://kms.kanek12.org)

7th and 8th Grade

#### Kanab High School

59 E Cowboy Way, Kanab, UT 84741

1-435-644-5821 - [khs.kanek12.org](http://khs.kanek12.org)

9th through 12th Grade

#### Kane County Adult Education

733 S Cowboy Way, Kanab, UT 84741

1-435-644-8609 - [facebook.com](https://www.facebook.com)

Finish a class or earn some credit toward your high school diploma or a GED certificate.

#### Waterford Upstart

1-877-299-7997 - [waterford.org/](http://waterford.org/)

Provides four-year-old children access to the highest form of academic support in their early education at no cost to participants: personalized family education and coaching, a new computer and Internet if needed, and adaptive educational software.

#### Workforce Services

468 E 300 S, Kanab, UT 84741

1-435-644-8911 - [jobs.utah.gov](http://jobs.utah.gov)

Assists individuals in preparing for and finding jobs, meeting workforce needs of Utah businesses, and administering temporary assistance.

### Emergency Housing

#### Switchpoint

948 N 1300 W, St. George, UT 84770

1-435-628-9310 - [switchpointcrc.org](http://switchpointcrc.org)

Provides emergency shelter for families and individuals experiencing homelessness.

### Employment

#### Ensign Staffing

468 E 300 S, #1, Kanab, UT 84741

1-435-644-2300

Helps provide short term and long term positions needing to be filled right away.

#### Job Workforce Services

468 E 300 S, Kanab, UT 84741

1-435-644-8911 - [jobs.utah.gov](http://jobs.utah.gov)

Assists individuals in preparing for and finding jobs, meeting workforce needs of Utah businesses, and administering temporary assistance.

#### Southern Utah Vocational Rehabilitation

965 E 700 S, Ste 202, St. George, UT 84790

1-435-673-5091 - [usor.utah.gov](http://usor.utah.gov)

Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

### Food

#### Kane County Assistance Program

1-435-644-7570 - [kane.utah.gov](http://kane.utah.gov)

Emergency assistance including food, prescriptions, utilities, gas, repairs, and other unexpected needs.

#### Kane County Care & Share

56 W 450 N, Kanab, UT 84741

1-435-644-4327 - [kane.utah.gov](http://kane.utah.gov)

SNAP/Food Stamps: 1-866-348-6479  
The Care and Share Food Bank in Kanab, Orderville, and Big Water distribute food on the 1st and 3rd Thursday of each month from 2:00 - 6:00 p.m. Pantries are client choice.

### Utah Food Bank - Kane County Mobile

20 E Center St, Kanab, UT 84741  
1-435-656-9122 or 1-801-978-2452  
Second Monday of each month starting at 10:00 a.m. until food is distributed.

## Holiday Needs

### Sub for Santa

78 S 100 E, Kanab, UT 84741

[visitsouthernutah.com](http://visitsouthernutah.com)

Businesses that participate have a tree with ornaments, each listing a child's age, gender, and size of shoes or clothing. Community members can select ornaments to do the shopping for, then they can return the new, unwrapped item to the participating business.

## Housing

### Cowboy Bunkhouse

210 W 300 N, Kanab, UT 84741  
1-435-644-8224 - [thecowboybunkhouse.com](http://thecowboybunkhouse.com)

Hostel that is pet and family friendly. Camping and hammock sites available.

### Lazy Days

226 W 200 N, Kanab, UT 84741  
1-435-644-3432 - [apartments.com](http://apartments.com)  
39-unit apartment complex. No pets allowed.

### Utah Rent Relief

[rentrelief.utah.gov](http://rentrelief.utah.gov)  
Program can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.

## Mental Health

### Encompass (Arizona)

170 N Main St, Fredonia, AZ 86022  
Phone: 1-928-643-7230 - [encompass-az.org](http://encompass-az.org)  
Crisis Hotline: 1-928-645-8180  
Providing compassionate behavioral health care as well as personalized, comprehensive medical care.

### Multicultural Counseling Center

1-801-915-0359 - [mccounseling.com](http://mccounseling.com)  
Provides quality short-term behavioral health services.  
\*caters to POC \*telehealth option

### NAMI - National Alliance on Mental Illness

24/7 crisis support: text NAMI to 741-741  
HelpLine: 1-800-950-6264 or [info@nami.org](mailto:info@nami.org)  
Monday - Friday: 10:00 a.m. - 10:00 p.m. (ET)  
[nami.org](http://nami.org)  
Free service providing information, resource referrals, and support to people living with a mental health condition, their family members, and caregivers.

### Southwest Behavioral Health Center

445 N Main St, Kanab, UT 84741  
1-435-644-4520 - [sbhc.us](http://sbhc.us)  
Assists in preventing and recovering from mental illness and addiction.

### Suicide Prevention Hotline

1-800-273-8255 - [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)  
24/7 free and confidential emotional support for people in emotional distress or suicidal crisis.

## Utilities

### Comcast Internet

[internetessentials.com](http://internetessentials.com)  
Offers high-speed internet for low-income families in Utah.

### Emergency Broadband Benefit

[getemergencybroadband.org](http://getemergencybroadband.org)

Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

### **H.E.A.T. Program**

#### **Home Energy Assistance Target**

1-435-644-3803 - [fivecountyheat.org](http://fivecountyheat.org)

Provides assistance to individuals and families to meet increased energy costs in winter and summer months.

### **Kane County Assistance Program**

1-435-644-7570 - [kane.utah.gov](http://kane.utah.gov)

Emergency assistance including food, prescriptions, utilities, gas, repairs, and other unexpected needs.

1-435-862-9176 - Will Leonard

1-435-689-0389 - Sandy Kurr

### **Weatherization Assistance Program**

1-435-586-0585 or 1-888-503-5321

[wxworkssite.wordpress.com](http://wxworkssite.wordpress.com)

Reduces energy consumption and costs, and increases comfort and safety in the home.

## **Veterans Services**

### **American Legion**

1-435-253-2975 - [legion.org](http://legion.org)

Benefits, career, education, and health center. USAA Financial, troop and family support.

### **Department of Workforce Services**

#### **Accelerated Credentialing to Employment (ACE) Program**

162 N 400 E, Ste B100, St. George, UT 84770

1-435-986-3530 - [jobs.utah.gov](http://jobs.utah.gov)

Assists Utah veterans, members of the Active Components, actively drilling members of the Guard and Reserve and their respective spouses, overcome barriers to employment or better employment.

### **Homeless Veterans Fellowship**

541 23rd Street Ogden, UT 84402

801-392-7662 - [homelessveterans.org](http://homelessveterans.org)

Provides a stabilized living environment, counseling services, and additional programs that will enable homeless veterans and veterans at risk of being homeless to return to self-sufficiency. Anyone with at least one day of active duty service can receive help.

### **Saint George Vet Center**

1664 S Dixie Dr, Ste C-102, St. George, UT 84770

1-435-673-4494 - [va.gov](http://va.gov)

Individual and group counseling for veterans, service members, and their families. Family counseling for military related issues, bereavement counseling, sexual trauma counseling, and referrals for employment and substance abuse.

### **St. George VA Clinic**

230 N 1680 E, Bldg N, St. George, UT 84790

1-435-634-7608 - [va.gov](http://va.gov)

Family medicine, internal medicine, and mental health services.

### **Quilts of Valor**

PO Box 191, Winterset, IA 50273

1-515-619-6556 - [govf.org](http://govf.org)

Nominate online - to cover service members and veterans touched by war with comforting and healing quilts.

### **Veterans Angels Inc**

10170 W Tropicana Ave, #156-440

Las Vegas, NV 89147

1-888-319-1117 - [vetangels.org](http://vetangels.org)

Provide senior veterans and their families with information and support in applying for the VA benefit to help with the cost of care.