

Aging

AARP Friendly Voices

1-888-281-0145 - connect2affect.org

Combat isolation and anxiety by providing calls and resources for those (45+) who are alone or isolated.

Always Best Care

1079 E Riverside Dr, Ste 202

St. George, UT 84770

1-435-216-7080 - alwaysbestcarestgeorge.com

Local experts in senior care, providing a resource for aging and senior living. Services include: Assisted & Independent Living Services, In-Home Care Services, Alzheimer's Care, Veterans Assistance.

Area Agency on Aging - Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770

1-435-673-3548 - fivecounty.utah.gov

Provides support, education, care, and safety for seniors.

Garfield County Nursing Home

200 N 450 E, Panguitch, UT 84759

1-866-882-3746 - intermountainhealthcare.org

Residential nursing care.

Panguitch Senior Center

87 N 40 W, Panguitch, UT 84759

1-435-676-1140 - garfield.utah.gov

Meals, ride program, and activities.

Southern Utah Veterans Home

160 N 200 E, Ivins, UT 84738

1-435-634-5255 - nasvh.org

Medical and nursing services 24/7, pharmacist, social services, PT, OT, speech therapy, wound care, dietary services, recreational therapy, hospice, and barber and beauty shop.

Children/Youth

Department of Child and Family Services

875 N Main St, Beaver, UT 84713

1-435-438-3400 - dcfs.utah.gov

To keep children safe from abuse and neglect and provide domestic violence services.

Clothing

Central Food Sharing - Junction

180 W 500 N, Junction, UT 84740

1-435-896-5225 - cufoodsharing.org

Provides Deseret Industries clothing vouchers for those in need. Occasionally have clothing and household donations on-site.

Domestic Violence

Canyon Creek Services

535 S Main St, Ste 11, Cedar City, UT 84720

1-435-233-5732 - canyoncreekservices.org

Provides free, confidential, and comprehensive services to survivors of domestic violence and sexual assault.

Utah Domestic Violence Coalition

24-Hour Linkline: 1-800-897-5465 - udvc.org

Creating a state where domestic and sexual violence are intolerable.

Disability

Adult Protective Services

1-800-371-7897 - daas.utah.gov

Abuse and neglect of seniors and adults with disabilities. Can call or report online.

Division of Services for People with Disabilities

Toll Free: 1-877-568-0084 - dspd.utah.gov

Supported living, respite care, and residential rehab for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

Education

Garfield County School District

145 E Center St, Panguitch, UT 84759

1-435-676-8821 - garfk12.org

Programs include: Adult Basic Education, English as a Second Language, GED/High School Equivalency Test Instruction, Special Preschools

Utah State University Extension

55 S Main St, PO Box 77, Panguitch, UT 84759
1-435-676-1113 - extension.usu.edu/garfield

Activities for kids, including an after school program. Courses for adults, including financial courses and other life skill classes.

Waterford Upstart

1-877-299-7997 - waterford.org

Provides four-year-old children access to the highest form of academic support in their early education at no cost to participants: personalized family education and coaching, a new computer and Internet if needed, and adaptive educational software.

Emergency Housing

American Red Cross

1-800-733-2767 - redcross.org

Provides shelter and supplies in the case of a fire or other emergency.

*military and family only

Five Counties CAP

1664 S Dixie Dr, #L104, St. George, UT 84770
1-435-652-9643 - fivecountycap.org

Assists in moving from shelter into housing. May be able to provide a hotel voucher.

Garfield County Care and Share

87 N 50 W, Panguitch, UT 84759
1-435-676-2509 - foodpantries.org

Provides temporary shelter for those who are homeless. Case management, showers, and laundry facilities. Sack lunch may also be available.

Employment

The mission of the Southwest Utah Public Health Department is to protect the community's health through the promotion of wellness and the prevention of disease.

AARP

1-855-850-2525 - aarp.org

Work Resources Hotline for all ages.

Department of Workforce Services

666 N Main St, Panguitch, UT 84759
1-866-435-7414 - jobs.utah.gov

Job assistance, veteran employment programs, work clothing, work-related fee payment assistance, and work tools/equipment.

Food

Panguitch Food Pantry

87 N 50 W, Panguitch, UT 84759

1-435-676-2509 - homelessshelterdirectory.org

Provides food items to individuals and families in need.

Holiday Needs

Toys for Tots

panguitch-ut.toysfortots.org

Phone: 1-435-313-6540

Email: panguitch.ut@toysfortots.org

To help less fortunate children throughout the United States experience the joy of Christmas.

Utah Police Civilian Association

5151 S 900 E, #231, Salt Lake City, UT 84117

1-801-990-6213 - utahpolicecivilianassociation.org

Shop With a Cop - during the end-of-the-year holiday season kids are invited to shop to purchase gifts for members of their immediate family.

Housing

Five Counties CAP

1664 S Dixie Dr, #L104, St. George, UT 84770

1-435-674-5757 - fivecountycap.org

Assists in moving from shelter into housing, transitioning from homelessness to good tenant.

Utah Rent Relief

1-435-674-5757 - rentrelief.utah.gov

Can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.

Medical/Dental

Garfield Health Department

601 E Center St, Panguitch, UT 84759

1-435-676-8800 - swuhealth.org/png

Tuesday: 9:00 a.m. - 4:30 p.m.

Thursday: 9:00 a.m. - 4:30 p.m.

(Closed for lunch from 12:00 - 1:00 p.m.)

Vaccinations and immunizations, WIC, diabetes prevention, environmental health, emergency preparedness, health promotions, communicable diseases, vital records, and clinical services.

Garfield Memorial Hospital

200 N 400 E, Panguitch, UT 84759

1-435-676-8811 - intermountainhealthcare.org

Emergency care, imaging services, labor & delivery, hospice and palliative care, skilled nursing.

Kazam Memorial Clinic

570 Mouqui Lane, Escalante, UT 84726

435-324-4347 - waynechc.org

Medical clinic, dental clinic, and pharmacy.

Hughes & Associates

2069 N Main St, Ste 200, Cedar City, UT 84721

1-435-867-1111 (ask for David Harris)

hughestax.com

Provides education and assistance with navigating the Healthcare Marketplace to gain insurance.

Panguitch Dental

75 N 200 E, Panguitch, UT 84759

1-435-676-2443 - waynechc.org

Provides comprehensive dental care to residents of Garfield and surrounding counties.

Mental Health

NAMI - National Alliance on Mental Illness

24/7 crisis support: text NAMI to 741-741

HelpLine: 1-800-950-6264 or info@nami.org

Monday - Friday: 10:00 a.m. - 10:00 p.m. (ET)

nami.org

Free service providing information, resource referrals, and support to people living with a mental health condition, their family members, and caregivers.

Southwest Behavioral Health Center - Garfield

601 E Center St, Panguitch, UT 84759

1-435-676-8176 - sbhc.us

Assists clients and families in preventing and recovering from mental illness and addiction.

The Trevor Project

1-866-488-7386 - thetrevorproject.org

Text START to 678-678

24/7 chat online, over text, or on the phone.

Suicide prevention, crisis intervention, and support for LGBTQIA people under the age of 25.

Utilities

Comcast Internet

internetessentials.com

Offers high-speed internet for low-income families in Utah.

Emergency Broadband Benefit

getemergencybroadband.org

Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770

1-435-673-3548 - fivecounty.utah.gov

Provides winter and summer home energy assistance for eligible low-income households throughout the state (between November to April).

H.E.A.T. Program

Home Energy Assistance Target

1-435-676-1411 - fivecountyheat.org

Provides assistance to individuals and families to meet increased energy costs in winter and summer months.

Weatherization Assistance Program

1-435-586-0585 or 1-888-503-5321

wxworkssite.wordpress.com

Reduces energy consumption and costs, and increases comfort and safety in the home.

Veterans Services

American Legion

1-435-253-2975 - legion.org

Benefits, career, education, and health center.
USAA Financial, troop and family support.

Homeless Veterans Fellowship

541 23rd Street Ogden, UT 84402

801-392-7662 - homelessveterans.org

Provides a stabilized living environment, counseling services, and additional programs that will enable homeless veterans and veterans at risk of being homeless to return to self-sufficiency. Anyone with at least one day of active duty service can receive help.

Saint George Vet Center

1664 S Dixie Dr, Ste C-102, St. George, UT 84770

1-435-673-4494 - va.gov

Individual and group counseling for veterans, service members, and their families. Family counseling for military related issues, bereavement counseling, sexual trauma counseling, and referrals for employment and substance abuse.

St. George VA Clinic

230 N 1680 E, Bldg N, St. George, UT 84790

1-435-634-7608 - va.gov

Family medicine, internal medicine, and mental health services.

Quilts of Valor

PO Box 191, Winterset, IA 50273

1-515-619-6556 - govf.org

Nominate online - to cover service members and veterans touched by war with comforting and healing quilts.

Veterans Angels Inc

10170 W Tropicana Ave, #156-440

Las Vegas, NV 89147

1-888-319-1117 - vetangels.org

Provide senior veterans and their families with information and support in applying for the VA benefit to help with the cost of care.