

CLEARING THE VAPOR

EXPLORE WHAT IS KNOWN ABOUT E-CIGARETTES

What is Clearing the Vapor?

CTV is a free, online, interactive tobacco (focused on e-cigarettes/vapes) education program designed to read like social media with videos and limited text. Teens who have and have not used e-cigarettes will benefit from the program. CTV will also benefit parents

How should teachers use it?

Teachers can assign students as a take home or in-class assignment. For in-class, students will need access to a computer or tablet to complete the course. As a take home assignment, teachers will email students a link, to the class. Students will view the course, take quizzes to complete, and will get a certificate that can be emailed or printed for the teacher.

Does the CTV collect any data?

Yes, we collect pre and post attitudes about e-cigarettes. We can also track student completions for school administrators.

How will it benefit parents?

The information in CTV will benefit parents as they talk with their kids about the harms of e-cigarettes. For parents of teens who currently vape, the course includes a free, online tool and number (1-855-378-4373) to trained parent counselors who will help them develop an action plan to help their kids.

Does it work?

Independent evaluators reported, approximately 80% of respondents said after taking the course they now perceive vaping as riskier than they originally thought. Have your teen learn how risky vaping is.

Frequently Asked Questions

What does the course include?

Through videos, readings, quizzes students will learn the latest research about the harms of e-cigarettes. Students who complete 100% of the content and quizzes, can print out or email a certificate to the teacher, verifying completion.

How long does it take to complete CTV?

Course takes about an hour to complete. Youth and parents can complete CTV over several visits. Program is designed to remember and allow them to resume where they left off.

How can teachers verify course completion?

Students who complete 100% of the content and quizzes, can print out or email a certificate to the teacher, verifying completion.

How will it benefit teens?

Misinformation abounds around e-cigarettes. Teens report they don't see vapes as more dangerous than traditional cigarettes. CTV will highlight existing research to help teens make better educated decisions.

Who created CTV?

Southwest Utah Public Health Department. CTV administrators can be reached at 435-986-2593 or knordfelt@swuhealth.org.

Why CTV?

Over the last decade we have seen dramatic increases in teen e-cigarette use. E-cigarette companies target teens. CTV highlights what we currently know about the harms of e-cigarettes so teens can make more educated decisions about their choice to use the products.