

Aging

St. George Senior Center

245 North 200 West Saint George, UT 84770

435-634-5743 - coa.washco.utah.gov

Provides Seniors with Nutritional Programs, Activities, Meals on Wheels, and Transportation, prescription pick up, lunch or activities at the St George Active Life Center, grocery shopping.

Five County Association

1070 West 1600 South Bldg B St George, UT 84770

435-673-3548 - fivecounty.utah.gov

Provide support, education, care and safety for children, families, and seniors.

Easterseals-Goodwill Senior Community Service Employment Program

162 North 400 East Bldg B St George, UT 84770

435-986-3576 - esgw.org

Provides job preparation training, work experience, and paid on-the-job training in the private sector for low-income seniors ages 55+.

Memory Matters Utah

168 North 100 East Ste 104 Saint George, UT, 84770

435-319-0407 - memorymattersutah.org

Provides education and support to those with Alzheimer's disease and the caregivers. Support groups, telephone reassurance, memory activity classes, cognitive testing, care consultations.

Children/Youth

Department of Child and Family Services

178 N 200 E, St. George, UT 84770

435-652-2960 - dcfs.utah.gov

Keep children safe from, provide domestic violence services, and clothing vouchers to D.I.

Root for Kids

2044 South Mesa Palms Dr. St. George, UT

435-673-5353 - rootforkids.org

Provides health services, daycare, early intervention, family support.

Family Support Center

310 West 200 North, St. George, UT, 84770

435-674-5133 - fsc4kids.org

24-hour crisis & respite nursery, information and referral service, parenting and youth education.

Beehive Learning Academy

446 South Mall Drive B-9, 10 & 11 Saint George, UT 84790

435-986-0505 - beehivelearningacademy.com

Preschool & Kindergarten, Before, After, and Out-of-School Care; Infant Care, and Summer Camp.

Children's Justice Center

463 East 500 South St. George, Utah 84770

435-634-1134 cjcwc.com

Provides interviews, victim advocacy, medical services, mental health services, community outreach. Support children and family experiencing crisis that comes with the disclosure of significant physical or sexual abuse of a child

Clothing

Deseret Industries

2480 East Red Cliffs Drive, St. George, UT 84790

435-652-8232 - deseretindustries.org

Sells used clothing and household items at a discounted cost.

Hope Pregnancy Care Center

391 East 500 South, St. George, UT, 84770

435-652-8343 hopepregnancyutah.org

Provides education and even maternity and infant supplies to help support disadvantaged families and unplanned pregnancies.

Saint George Catholic Thrift Store

157 North 200 West St. George, UT, 84770

435-673-1029 - saintgeorgecatholics.com

Sells used clothing, furniture, and household items at a discounted cost.

Disability

Division of Services for People with Disabilities

Toll Free: 877-568-0084 - dspd.utah.gov

Supported living, respite care, residential rehab, for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

Adult Protective Services

800-371-7897 - daas.utah.gov

Abuse/Neglect of Seniors and Adults with Disabilities. Can call or report online.

TURN Community Services

523 East Sunland Drive Ste #5A St George, UT

435-673-5251 - turncommunityservices.org

Serves people with intellectual and developmental disabilities in community-based programs.

Domestic Violence

Dove Center

1240 E. 100 S. Suite 221, St. George, UT 84790

Office: 435-628-1204 Help Line: 435-628-0458

dovecenter.org

Provide shelter, advocacy and counseling for survivors of domestic abuse, dating violence, sexual assault, rape, sex trafficking, and stalking.

Utah Domestic Violence Coalition

24 hour Linkline 1-800-897-5465 - udvc.org

Creating a state where domestic and sexual violence are intolerable.

Education

Washington County School District

121 West Tabernacle St George, UT 84770

435-673-3553 - washk12.org

Special Preschools, GED/High School Equivalency Test Instruction, Adult Basic Education.

Southwest Adult High School

75 Tabernacle, St. George, UT, 84770

435-652-4709 - swah.washk12.org

Provides education services for students who have not graduated to prepare to take the GED test in English and Spanish. Also offers corrections education.

Dixie Technical College

610 South Tech Ridge, St. George, UT 84770

435-674-8400 - dixietech.edu

Provides technical and career-driven education to both adult and secondary students.

Red Rock Center for Independence

168 North 100 East, Suite 101, St. George, UT, 84770.

435-673-7501 - rci.org

Non-profit for empowering people with disabilities and providing resources for them and their families.

SUU Head Start

494 East 900 South St. George, UT 84790

435-628-5641 - suu.edu

Pre-K for low-income.

Emergency Housing

Youth Futures

340 E. Tabernacle Street, St. George, UT, 84770

435-339-0787 - youthfuturesutah.org

Provides safe shelter, collaborative resources, respectful guidance and diverse support to homeless, unaccompanied, runaway and at-risk youth.

Switchpoint

948 N 1300 W, St George, UT, 84770

435-628-9310 - switchpointcrc.org

Provides shelter, classes, case management, showers, community garden, doggy day care, food pantry.

Employment

Department of Workforce Services

162 North 400 East Ste B100 Saint George, UT 84770

435-986-3500 - jobs.utah.gov

Job Assistance, Veteran Employment Programs, Work Clothing, Work Related Fee Payment Assistance, Work Tools/Equipment

Utah State Office of Rehabilitation Services

965 East 700 South Ste 202 Saint George, UT 84790

435-673-5091 - usor.utah.gov

Provides employment and other training and adjustment programs to help meet the needs of Utahns with disabilities.

Safe Southern Utah

Assistance for business owners to help with difficulties caused by Covid-19, facilitated by the St. George Area Chamber of Commerce.

safesouthernutah.com

Food

The Switchpoint Soup Kitchen & Food Pantry

1300 West 948 North St. George, Utah 84770

435-628-9310 - switchpointcrc.org

Free lunch Monday through Friday. Check the website for food pantry hours and application.

Grace Episcopal Church

1072 East 900 South St. George, UT 84790

435-628-1181 - gracestgeorge.org

Food Box Distribution at Grace Church on the 2nd and last Saturdays of each month from 11:30am-1pm

Hurricane Valley Food Pantry

450 E. 800 N. #8, Hurricane, UT, 84737

435-635-0995 fivecountycap.org

Provide emergency food boxes to families in low income situations with food insecurity.

Salvation Army

803 S Bluff St, St. George, UT, 84770

435-275-4975 - westernusa.salvationarmy.org

drive thru food box service on offer, 3 days a week

Solomon's Porch

1495 S. Blackridge Dr. A240 St. George, Utah

435-669-8153 - porchstg.org

Sunday Feast & Friday food boxes

Meals on Wheels - St. George Utah Senior

Citizen Center

245 North 200 West St. George, UT, 84770

coa.washco.utah.gov

Please call the St. George Active Life Center at (435) 634-5743, Option 0 or ask for Linda, to verify eligibility and sign up for the Meals on Wheels program.

Meals on Wheels - Hurricane Utah Senior

Citizen Center

95 North 300 West Hurricane, UT, 84737

Please call the Senior Center at (435) 635-2089 to verify eligibility and sign up for the Meals on Wheels program.

Meals on Wheels - Enterprise Utah Senior

Citizen Center

165 South 100 East Enterprise, UT, 84725

Please call the Senior Center at (435) 878-2557, to verify eligibility and sign up for the Meals on Wheels program.

Full Cart

Currently offers one-time emergency food assistance sent directly to you. However, we encourage you to Text "FULLCART" to (833) 689-0718 to stay connected with the Full Cart program.

fullcart.org

Utah Food Bank

4416 South River Road St. George, UT, 84790

801-978-2452 - utahfoodbank.org

Helps provide food for those in need.

Holiday Needs

Utah Police Civilian Association

5151 South 900 East #231 Salt Lake, UT 84117
801-990-6213 - utahpolicecivilianassociation.org
Shop With a Cop - during the end-of-the-year holiday season kids are invited to shop to purchase gifts for members of their immediate family

Marine Toys for Tots

Pam Curtis - fftutsouth@gmail.com
435-272-5051 - st-george-ut.toysfortots.org

Coins For Kids

3143 S. 840 East, St. George, UT, 84790
435-634-6210 - info@coinsforkids.net
coinsforkids.net
Helps provide Christmas presents for kids in low-income families.

St. George Basket Brigade

stgeorgebasketbrigade.org/
Non-profit organization that provides a full thanksgiving meal basket to families in need.

Housing

St. George Housing Authority

975 North 1725 West #101 St. George, Utah 84770
435-628-3648 stgeorgehousingauthority.org
Assist low income families with safe, decent and affordable housing options to achieve self sufficiency

Utah Rent Relief

rentrelief.utah.gov
Program can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.

Medical/Dental

Hughes & Associates

2069 N. Main St. Suite 200 Cedar City, UT 84721
435-867-1111 ask for David Harris hughestax.com
Provides education and assistance with navigating the Healthcare Marketplace to gain insurance

Doctor's Volunteer Clinic

1036 East Riverside Drive St. George, UT 84790
435-656-0022 volunteerclinic.org
provides non-urgent medical care, specialty medical care, dental care, and mental health services for individuals without insurance.

Family Healthcare

25 North 100 East Suite 102 St. George, Utah 84770
Medical: 435-986-2565 Dental: 435-359-2165
familyhc.org
Infant and child care, women's health care, prenatal care, oral health, preventative care, mental health, discount prescriptions

Four Points Health

1449 North 1400 West St. George, 84770
435-688-7572 - fourpointshealth.org
Provides general medical care, dental care, and mental health services

Dixie State Dental Clinic

1526 Medical Center Dr, St. George UT, 84790
435-879-4900 - health.dixie.edu
Inexpensive dental care by students, monitored by dental professionals.

Sound of Life (Hearing Aide)

180 N. Main Street #2378, St. George, UT, 84771
877-435-7551 - soundoflifefoundation.org/about-us
Non-profit focused on helping with hearing aid cost to help improve quality of life for those with hearing difficulties.

Mental Health

Southwest Behavioral Health Center

474 West 200 North St. George, UT 84770

435-634-5600 - sbhc.us

Assist in preventing and recovering from mental illness and addiction

Intermountain Access Center

1380 East Medical Center Dr St. George, UT 84790

1-435-251-4480 - intermountainhealthcare.org

24/7 walk in clinic for mental health crises, substance abuse, referrals for outpatient care

Intermountain Psychiatry and Counseling

292 South 1470 East, St. George UT 84790

435-251-5900 - intermountainhealthcare.org

Provides medication management, counseling, and diagnoses

Crimson Counseling

249 E Tabernacle St, St. George, UT

435-705-7574 - crimsoncounseling.net

Works at improving mental and behavioral health in teens and adults

NAMI

M-F 10am-8pm (ET) 1-800-950-6264 nami.org

Text 24/7 "NAMI" to 741-741

Free service providing information, resource referrals, support to people living with a mental health condition, their family members, caregivers

Utilities

H.E.A.T - Home Energy Assistance Target Program

1664 S. Dixie Drive #L104, St. George, UT, 84770

435-652-9643 - fivecountycap.org

Provides assistance to individuals and families to meet increased energy costs in winter/summer months.

Salvation Army

Connection Center: 855-768-7977

westernusa.salvationarmy.org

Can assist with utilities once eligibility has been determined

Emergency Broadband Benefit

getemergencybroadband.org

Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

Comcast Internet

Internetessentials.com

Offer high speed internet for low-income families in Utah.

Veterans Services

American Legion

Southern Utah: Nolen W. Jackson

45 W. 200 S. Fillmore, UT 84631

1-435-253-2975 legion.org

Benefits Center, Career Center, Education Center, Health Center, Troop and Family Support, USAA Financial Center, Women Veterans

Veterans Angels Inc

10170 W. Tropicana Ave, #156-440 Las Vegas, NV 89147

888-319-1117 vetangels.org

Provide Senior Veterans and their families with information and support in applying for VA Benefits

Quilts of Valor

PO Box 191 Winterset, IA 50273

515-619-6556 govf.org

Nominate online

To cover Service Members and Veterans touched by war with comforting and healing Quilts of Valor. Quilts = Healing!

Saint George Vet Center

1664 South Dixie Drive, Suite C-102 St. George, UT 84770

435-673-4494 va.gov

Individual and group counseling for Veterans, service members, and their families, Family counseling for military related issues, Bereavement (grief) counseling, Military sexual trauma counseling and referral, Community outreach and education, Substance abuse assessment and referral, Employment referral, Referral of other VA services

Southern Utah Veterans Home

160 N 200 E Ivins, UT 84738

435-634-5255 nasvh.org

Medical and Nursing Services 24 hrs/day,

Pharmacist, Social Services,

Restorative/Physical/Occupational/ Speech

Therapy, Wound Care, Dietary Services,

Recreational Therapy, Hospice Services, Barber &

Beauty Shop Services

St. George VA Clinic

230 North 1680 East, Building N St. George, UT

84790 va.gov

Main phone: 435-634-7608

Mental health clinic: 435-634-7608 x6005

Family and Internal Medicine