

### Aging

#### Panguitch Senior Center

87 North 40 West Panguitch, UT 84759

1-435-676-1140 [garfield.utah.gov/](http://garfield.utah.gov/)

Meals, ride program, activities

#### Garfield County Nursing Home

200 North 450 East Panguitch, UT 84759

1-866-882-3746 [intermountainhealthcare.org/](http://intermountainhealthcare.org/)

Residential Nursing care

### Children/Youth

#### Department of Child and Family Services

875 North Main St. Beaver UT 84713

1-435-438-3400 [dcfs.utah.gov/](http://dcfs.utah.gov/)

To keep children safe from abuse and neglect and provide domestic violence services

### Clothing

#### Central Food Sharing- Junction

180 West 500 North Junction, UT 84740

1-435-896-5225 [cufoodsharing.org/](http://cufoodsharing.org/)

Provides Deseret Industries clothing vouchers for those in need. Occasionally have clothing and household donations on-site

### Domestic Violence

#### Utah Domestic Violence Coalition

24 hour 1-800-897-5465 [udvc.org/](http://udvc.org/)

Creating a state where domestic and sexual violence are intolerable

#### Canyon Creek Services

535 South Main St. Suite 11 Cedar City, UT 84720

1-435-233-5732 [canyoncreekservices.org/](http://canyoncreekservices.org/)

Provides free, confidential and comprehensive services to survivors of domestic violence and sexual assault

### Disability

#### Adult Protective Services

1-800-371-7897 [daas.utah.gov/](http://daas.utah.gov/)

Abuse/Neglect of Seniors and Adults with Disabilities

#### Division of Services for People with Disabilities

1-877-568-0084 [dspd.utah.gov/](http://dspd.utah.gov/)

Supported living, respite care, residential rehabilitation, for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism

### Education

#### Garfield County School District

145 East Center Street Panguitch, UT 84759

1-435-676-8821 [garfk12.org/](http://garfk12.org/)

Adult Basic Education, English as a Second Language, GED/High School Equivalency Test Instruction, Special Preschools

### Emergency Housing

#### Garfield County Care and Share

87 North 50 West Panguitch, UT 84759

1-435-676-2509 <https://www.foodpantries.org/>

Provides temporary shelter for those who are homeless, case management, shower and laundry facilities. Sack lunch may also be available

#### American Red Cross

1-800-733-2767 [redcross.org/](http://redcross.org/)

Provides shelter and supplies in the case of a fire or another emergency \*military & family only

#### Five Counties CAP

1664 South Dixie Drive #L104 St. George, UT 84770

1-435-652-9643 [fivecountycap.org](http://fivecountycap.org)

Assist in moving from shelter into housing and may be able to provide a hotel voucher

## Employment

### Department of Workforce Services

666 North Main Street Panguitch, UT 84759

1-866-435-7414 [jobs.utah.gov/](https://jobs.utah.gov/)

Job Assistance, Veteran Employment Programs, Work Clothing, Work Related Fee Payment Assistance, Work Tools/Equipment

### AARP

1-855-850-2525 [aarp.org/](https://aarp.org/)

Work Resources Hotline for all ages

## Food

### Panguitch Food Pantry

87 North 50 West Panguitch, UT 84759

1-435-676-2509 [homelessshelterdirectory.org](https://homelessshelterdirectory.org)

Provides food items to individuals and families in need

## Holiday Needs

### Utah Police Civilian Association

5151 South 900 East #231 Salt Lake, UT 84117

1-801-990-6213 [utahpolicecivilianassociation.org/](https://utahpolicecivilianassociation.org/)

during the end-of-the-year holiday season kids are invited to shop with a cop to purchase gifts for members of their immediate family

### Toys for Tots

[panguitch.ut@toysfortots.org](mailto:panguitch.ut@toysfortots.org)

1-435-313-6540 [panguitch-ut.toysfortots.org/](https://panguitch-ut.toysfortots.org/)

To help less fortunate children throughout the United States experience the joy of Christmas

## Housing

### Five Counties CAP

1664 South Dixie Drive #L104 St. George, UT

1-435-674-5757 [fivecountycap.org](https://fivecountycap.org)

Assist in moving from shelter into housing, transitioning from homelessness to good tenant

### Utah Rent Relief

[rentrelief.utah.gov/](https://rentrelief.utah.gov/)

Program can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.

## Medical/Dental

### Garfield Memorial Hospital

200 North 400 East Panguitch, UT 84759

1-435-676-8811 [intermountainhealthcare.org](https://intermountainhealthcare.org)

Emergency Care, imaging services, labor & delivery, hospice and palliative care, skilled nursing

### Panguitch Dental

75 North 200 East Panguitch, UT 84759

1-435-676-2443 [waynechc.org/](https://waynechc.org/)

Provides comprehensive dental care to residents of Garfield and surrounding counties

### Hughes & Associates

2069 N. Main St. Suite 200 Cedar City, UT 84721

1-435-867-1111 David Harris [hughes.com/](https://hughes.com/)

Provides education and assistance with navigating the Healthcare Marketplace to gain insurance

### Garfield Health Department

601 East Center Street Panguitch, Utah 84759

1-435-676-8800 <https://swuhealth.org/png/>

Tuesday 1:00 PM – 4:30 PM

Thursday 9:00 AM – 4:30 PM

Closed for lunch 12:00 PM – 1:00 PM

Vaccinations and immunizations, WIC, Diabetes prevention, environmental health, emergency preparedness, health promotions, communicable diseases, vital records, and clinical services

## Mental Health

### Southwest Behavioral Health Center - Garfield

601 East Center Street Panguitch, UT 84759

1-435-676-8176 [sbhc.us/](https://sbhc.us/)

Assists clients, families in preventing and recovering from mental illness and addiction

### NAMI

M-F 10am-8pm (ET) 1-800-950-6264 [nami.org/](https://nami.org/)

Text 24/7 "NAMI" to 741-741

Free service providing information, resource referrals, support to people living with a mental health condition, their family members, caregivers

## Utilities

### Five County Association of Governments

1070 West 1600 South Building B St George, UT 84770

1-435-673-3548 [fivecounty.utah.gov/](https://www.fivecounty.utah.gov/)

Provides winter and summer home energy assistance for eligible low-income households throughout the State, between November to April

### Emergency Broadband Benefit

[getemergencybroadband.org/](https://getemergencybroadband.org/)

Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

### Comcast Internet

[Internetessentials.com](https://www.internetessentials.com)

Offer high speed internet for low-income families in Utah.

## Veterans Services

### American Legion

Southern Utah: Nolen W. Jackson

45 W. 200 S. Fillmore, UT 84631

1-435-253-2975 <https://www.legion.org/>

Benefits Center, Career Center, Education Center, Health Center, Troop and Family Support, USAA Financial Center, Women Veterans

### Veterans Angels Inc

10170 W. Tropicana Ave, #156-440

Las Vegas, NV 89147

888-319-1117 <https://vetangels.org/>

Provide Senior Veterans and their families with information and support in applying for VA Benefits

### Saint George Vet Center

1664 South Dixie Drive, Suite C-102

St. George, UT 84770

1-435-673-4494 <https://www.va.gov/>

Individual and group counseling for Veterans, service members, and their families, Family counseling for military related issues, Bereavement (grief) counseling, Military sexual trauma counseling and referral, Community outreach and education, Substance abuse assessment and referral, Employment referral, Referral of other VA services

### Quilts of Valor

PO Box 191 Winterset, IA 50273

1-515-619-6556 <https://www.qovf.org/>

Nominate online

To cover Service Members and Veterans touched by war with comforting and healing Quilts of Valor. Quilts = Healing!

### Southern Utah Veterans Home

160 N 200 E Ivins, UT 84738

1-435-634-5255 <https://www.nasvh.org/>

Medical and Nursing Services 24 hrs/day, Pharmacist, Social Services, Restorative/Physical/Occupational/ Speech Therapy, Wound Care, Dietary Services, Recreational Therapy, Hospice Services, Barber & Beauty Shop Services

### St. George VA Clinic

230 North 1680 East, Building N

St. George, UT 84790 <https://www.va.gov/>

Main phone: 435-634-7608

Mental health clinic: 435-634-7608 x6005

Family and Internal Medicine