

In This Issue

- Welcome to SWUMRC!
- Flu Shoot-Out
- "Living Your Way Expo"

Just a Few Reminders:

- If you know anyone who would be interested in joining the SWUMRC please refer them to Shantai Ellis (425)986-2592.
- If you are interested there will be a Family Preparedness Certification Workshop on Saturday, October 28th from 9:00AM - 2:00 PM. This includes an "Emergency Lunch." Cost is \$5.00 per person/ \$10.00 per family. Space is limited! Register with Utah State University Extension 44 N. 100 E. St. George, UT (435)634-5706.
- Carlo Bertuzzi is working hard in getting our Website up and running. Hopefully by the end of September we should be in full force!
- Southwest Utah Public Health Department has created a new website. If you have any questions, you can go to www.swuhealth.org
- I would like to do SWUMRC Training and Orientation in October. Dates and times TBA.

Quote: "MRC cannot rely solely on the average citizen who wants to volunteer during times of need.

MRC needs specialized volunteers, people with training and commitment, people who can be relied on during emergencies."

~ Surgeon General of MRC

Welcome to Southwest Utah Medical Reserve Corps

We are so excited to be welcoming the Southwest Utah Medical Reserve Corps (SWUMRC), to Southwest Utah Public Health Department. This is a fantastic organization that was founded after President Bush's 2002 State of the Union Address, in which he asked all Americans to volunteer in support of their country. We are looking forward to working along side our new volunteers, as well as members of our great community.

If you have not completed the full application process, you may stop by the Southwest Utah Public Health Department 168 N. 100 E. to pick-up your final copy. You may also come by to give us a photo copy of your driver's license. If you have any questions or concerns please feel free to call Shantai Ellis at (425)986-2592 or Carlo Bertuzzi at (435)590-2546. We look forward to working with you!

Mark Your Calendars for November 4th!

Every year that nasty little flu bug seems to creep around the corner and bite you



when you least expect it! Are you ready for this year flu season? On **November 4th** from 9:00 AM – 3:00 PM (until the vaccine runs out!) at Dixie State University, the Health Department will be putting on their yearly Flu Shoot-Out, for adults in the Washington County area. Also, on **November 8th**, Hurricane will hold their Flu Shoot-Out at the Coral Cliffs Cinema from 8:00 AM – 1:00 PM (until the vaccine runs out!). We need help from our SWUMRC Volunteers. Training will take place November 2nd at 10:00 AM and at 3:00 PM at the Southwest Utah Public Health Dept. 168 N. 100 E. Mark your calendars and choose a time that you may be able to participate. We look forward to seeing you there!

Dates to Remember:

- *October 24th-25th* is the MRC Training Conference in Salt Lake City.
- *November 2nd* St. George Flu Shoot-Out Training at the Southwest Utah Public Health Dept. Training will take place at 10:00 AM or 3:00 PM. You choose which time will best suit your schedules.
- *November 4th* St. George's Flu Shoot-Out at Dixie State University from 9:00 AM till the vaccine runs out! Bring your Medicare Cards or \$25.
- *November 4th* Iron County Flu Clinic will be at Valley View Regional Medical Center. Time TBA.
- *November 8th* Hurricane City Flu Shoot-Out will take place at the Coral Cliffs Cinema 850 W. State from 9:00 AM until the vaccine runs out!

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it's the only thing that ever has."

-Margaret Mead

Southwest Utah
Medical Reserve Corps
Sponsored by the Southwest Utah
Public Health Dept.
168 N. 100 E.
St. George, UT 84770

Phone: (435)986-2592
Fax: (435)628-6425
Email: shantaiellis@utah.gov

"Living Your Way Expo"



Recently we had the opportunity to participate at the "Living Your Way Expo" that took place at the Dixie Center. It was a great experience for me and Carlo to meet many great members of our community. We handed-out many applications and spoke with many great people. We felt that it was a very successful event! Here are a few pictures of Carlo in action and of our booth.



Remember, this is just the beginning of something great! MRC was created under burning circumstances, with the events of 9/11. I truly feel that this group can be a very successful group, who will do great things with our growing community. Thank you for joining our group! We are excited to work with all of you!

~Shantai Ellis

Emergency Preparedness Training Assistant/MRC
Co-Coordinator



SWUMRC Member: